



**SALT & honey**

*Healthy Food.  
Happy Mood.*

At Salt & Honey, we focus on everything that is healthy, conscious, and delicious. Our dishes are fresh, colorful, and full of nutrients – for body, mind, and soul.



#### HEALTHY VARIETY

Many healthy dishes – fresh, nutrient-rich, and simply delicious.



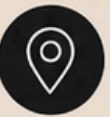
#### EGG SPECIALTIES

Our wide selection of egg dishes – from classic to creative.



#### COLORFUL CUISINE

Colorful ingredients, colorful plates – for more joy and variety at your table.



#### REGIONAL SOURCING

We use regional ingredients and work with local partners.



#### ORGANIC EGGS

Our egg dishes are made exclusively with fresh organic eggs from our own free-range hens.

*For you. For the region.  
For a conscious future.*



# Hot Drinks

## NABER COFFEE

|                 |      |
|-----------------|------|
| ESPRESSO        | 3,90 |
| DOUBLE ESPRESSO | 5,20 |
| AMERICANO       | 4,90 |
| MELANGE         | 5,90 |
| CAPPUCCINO      | 5,90 |
| LATTE MACCHIATO | 6,50 |
| HOT CHOCOLATE   | 5,90 |
| BABYCCINO       | 0,00 |

## SIGNATURE

|  |      |   |
|--|------|---|
| UBE LATTE<br>PHILIPPINE PURPLE YAM ROOT<br>WITH A UNIQUE AROMA                                 | 7,50 |  |
| PISTACCHIO LATTE<br>SWEET LATTE WITH OUR<br>HOMEMADE SPICED SYRUP,<br>BLENDED WITH AN ESPRESSO | 7,50 |   |
| SWEET&SALTY LATTE<br>LATTE WITH SALT AND HONEY   | 7,50 |   |
| CARAMEL LATTE<br>LATTE WITH CARAMEL SUGAR  | 7,50 |   |
| MATCHA LATTE<br>LATTE WITH PREMIUM MATCHA<br>(GROUND GREEN TEA)                                | 7,50 |   |
| CHAI LATTE<br>AROMATIC WITH CINNAMON,<br>GINGER, CARDAMOM AND CLOVES                           | 7,50 |   |

## ICED COFFEE

|  |      |
|--|------|
| ESPRESSO FRAPPÉ<br>GREEK-STYLE ICED COFFEE MADE WITH<br>ESPRESSO, SUGAR AND MILK | 7,50 |
| ICED MATCHA LATTE<br>MATCHA MEETS ESPRESSO AND ICE                               | 7,50 |
| ICED CARAMEL LATTE<br>CARAMEL WITH COLD COFFEE<br>ON THE ROCKS                   | 7,50 |



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## DEMMEER TEA

|                   |      |
|-------------------|------|
| ASSAM / EARL GREY | 5,90 |
| FRUIT COCKTAIL    | 5,90 |
| CHAMOMILE         | 5,90 |
| GINGER LEMON      | 5,90 |
| PEPPERMINT        | 5,90 |
| ROOIBOS           | 5,90 |
| JASMINE           | 5,90 |

WE OFFER ALL COFFEE SPECIALTIES  
AT NO EXTRA CHARGE WITH OAT,  
ALMOND OR LACTOSE-FREE MILK

# Homemade Drinks

## LEMONADES

|  |      |
|--|------|
| ORANGE-GINGER  | 6,50 |
| ORANGE JUICE, FRESH GINGER,<br>LEMON JUICE 0,4L                                  |      |
| CHERRY-BASIL   | 6,50 |
| SWEET CHERRIES, FRESH BASIL,<br>LEMON JUICE 0,4L                                 |      |
| HERBS  | 6,50 |
| FRESH THYME, BASIL,<br>ROSEMARY 0,4L   |      |
| MATCHA-CUCUMBER  | 6,50 |
| PREMIUM MATCHA, ELDERFLOWER,<br>CUCUMBER, LIME JUICE 0,4L                        |      |
| DARK BERRIES   | 6,50 |
| RASPBERRIES, RED CURRANTS,<br>BLACK CURRANTS,<br>STRAWBERRIES, BLACKBERRIES 0,4L |      |
| GINGER   | 6,50 |
| FRESH GINGER, LEMONGRASS,<br>LIMES 0,4L  |      |
| SALT&HONEY ICED TEA  | 6,50 |
| FRUIT TEA WITH APPLE AND ORANGE<br>0,4L  |      |
| PEACH ICED TEA   | 6,50 |
| PEACH, BLACK TEA, LEMON<br>0,4L  |      |

## HEALTHY SHOTS

|  |      |
|--|------|
| GINGER-TURMERIC                                      | 2,50 |
| GINGER, TURMERIC, LEMON,<br>ORANGE, BLACK PEPPER SCL |      |
| BEETROOT-LEMON                                       | 2,50 |
| BEETROOT, LEMON, LIME,<br>ORANGE SCL                 |      |

## FRESHLY SQUEEZED

|              |      |
|--------------|------|
| ORANGE JUICE | 6,50 |
| 0,2L         |      |

## SMOOTHIES

|   |      |
|---|------|
| ROYAL BERRY   | 2,50 |
| BLUEBERRIES, ARONIA, STRAWBERRIES,<br>BANANA, QUINOA, BEETROOT SCL    |      |
| VISTA   | 2,50 |
| CARROT, ORANGE, APPLE, BANANA,<br>SEA BUCKTHORN SCL                   |      |
| GREEN CHILLER   | 2,50 |
| SPINACH, APPLE, PEAR, KIWI,<br>PEACH, QUINOA, GINGER,<br>TURMERIC SCL |      |
| TROPIC TWISTER  | 2,50 |
| MANGO, ORANGE, COCONUT, BANANA,<br>PINEAPPLE, QUINOA SCL              |      |



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## SOFTDRINKS

|                                |           |
|--------------------------------|-----------|
| VÖSLAUER                       | 3,50/7,00 |
| STILL/SPARKLING<br>0,33L/0,75L |           |
| LEMON SODA                     | 4,90      |
| 0,5L                           |           |
| RASPBERRY SODA                 | 4,90      |
| 0,5L                           |           |
| COCA COLA/ZERO                 | 4,90      |
| 0,33L                          |           |

## PROSECCO

|                       |            |
|-----------------------|------------|
| MIONETTO DOC          | 5,50/35,00 |
| 0,1L/0,75L BOTTLE     |            |
| MIONETTO ALCOHOL-FREE | 5,50       |
| 0,1L                  |            |

# Aperitif and Wine

## SPRITZERS

|   |      |
|---|------|
| <b>APEROL SPRIZZ</b><br>APEROL, MIONETTO PROSECCO, SODA 0,2L  | 8,50 |
| <b>HUGO</b><br>ELDERFLOWER, MIONETTO PROSECCO, SODA, FRESH MINT 0,2L                                      | 8,50 |
| <b>LIMONCELLO SPRIZZ</b><br>LIMONCELLO, MIONETTO PROSECCO, SODA, MINT, LEMON 0,2L                         | 8,50 |
| <b>DARK BERRIES SPRIZZ</b><br>RED FRUITS, MIONETTO PROSECCO, SODA 0,2L                                    | 8,50 |
| <b>ORANGE-GINGER SPRIZZ</b><br>GINGER, LEMONGRASS, LIMES, MIONETTO PROSECCO, SODA 0,2L                    | 8,50 |
| <b>CHERRY-BASIL SPRIZZ</b><br>CHERRY, BASIL, MIONETTO PROSECCO, SODA 0,2L                                 | 8,50 |
| <b>NON-ALCOHOLIC APEROL SPRIZZ</b><br>MIONETTO NON-ALCOHOLIC APERITIVO, MIONETTO NON-ALCOHOLIC, SODA 0,2L | 8,50 |

ALL SPRITZERS WITH MIONETTO PROSECCO

## WHITE WINE

|   |  |
|---|--|
| <b>GRÜNER VELTLINER</b> 6,50/38,00<br>LANGENLOIS/2023/JURTSCHITSCH<br>0,1L/BOTTLE |  |
| <b>RIESLING</b> 5,50/33,00<br>WEINGUT SCHABEL/2023/PROTTES<br>0,1L/BOTTLE         |  |

## ROSÉ WINE

|   |  |
|---|--|
| <b>SAND 1 ROSÉ</b> 5,50/33,00<br>ZW/CS/M/2024/ZÖHRER/SANDGRUBE<br>0,1L/BOTTLE |  |
|---|--|

## RED WINE

|   |  |
|---|--|
| <b>BLAUFRÄNKISCH</b> 6,50/38,00<br>RIED/SCHWABENBERG/2023<br>0,1L/BOTTLE          |  |
| <b>CRASTO SUPERIOR</b> 7,00/40,00<br>QUINTA DE CRASTO/2021/SABROSA<br>0,1L/BOTTLE |  |



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## BEER

|  |  |
|--|--|
| <b>MURAUER MÄRZEN</b> 5,50<br>BOTTLE 0,33L       |  |
| <b>MURAUER RADLER</b> 6,90<br>BOTTLE 0,5L        |  |
| <b>MURAUER WEISSBIER</b> 6,90<br>BOTTLE 0,5L     |  |
| <b>MURAUER NON-ALCOHOLIC</b> 6,90<br>BOTTLE 0,5L |  |

## DIGESTIF

|   |  |
|---|--|
| <b>HÄMMERLE SPECIAL BOTTLING</b> 6,90<br>APRICOT/RASPBERRY OR WILLIAMS PEAR 2CL |  |
|---|--|

# Food

## TOASTS

### SMASHED AVO DELUXE 100% VEGAN 14,90

1 slice toasted sourdough bread with avocado, tomato salsa, lemon vinaigrette,  
2 organic fried eggs and seed mix  
A,C,N,H,M

+ SIDE SALAD 4,90

### SALMON & SOUL 17,90

1 slice toasted sourdough bread, organic sous-vide egg, horseradish Gervais, beetroot gravlax salmon, cucumber and seed mix  
A,D,G,C,N,H

+ AVOCADO 4,50

### HUMMUS AFFAIR VEGAN 16,90

1 slice toasted sourdough bread with curry-mango hummus, roasted eggplant, feta, seed mix and pomegranate seeds  
A,N,H

+ EXTRA PORTION AVOCADO 4,50

## CROISSANT

### AVO EGG AFFAIR 100% VEGAN 14,90

buttercroissant with herb cream cheese, scrambled eggs, avocado, tomato salsa and seed mix  
A,C,G,N,H

+ BEETROOT GRAVLAX SALMON 5,50  
+ SOUS-VIDE CHICKEN 4,90  
+ PAN-FRIED SHRIMP 6,90

### GOLDEN CHICKEN CROISSANT 15,90

butter croissant with herb cream cheese, avocado, sous-vide chicken, pickled tomatoes and seed mix  
A,C,G,N,H

### SALMON ROYALE CROISSANT 16,90

butter croissant with herb cream cheese, avocado, sous-vide egg, beetroot gravlax salmon and seed mix  
A,C,D,G,N,H

## SWEET BREAKFAST

### HONEY MUESLI BOWL 100% VEGAN 12,90

organic yogurt, granola, banana, fresh fruit  
G,N,H,A

### ACAI BERRY BOWL 100% VEGAN 12,90

soy yogurt, fresh berries, banana, coconut, chia, granola  
N,H,F,A

### CHIA BOWL 100% VEGAN 12,90

chia pudding with granola, fresh fruit and mango puree  
N,H,A



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## EGG DISHES

### ORGANIC SCRAMBLED EGGS 100% VEGAN 9,90

scrambled eggs (3 eggs) with chives and toasted sourdough bread  
C,A

### BACON & EGGS 9,90

2 fried eggs with bacon on the side and a butter croissant  
A,G,C

### GREEN SOUS VIDE 100% VEGAN 9,90

sous-vide egg with fresh avocado, lemon dressing, seed mix and banana bread  
C,N,A,H,G,M

# Food

## BRIOCHE

### BREAKFAST CLUB 100% VEGETARIAN 15,90

BRIOCHE TOAST, SOUS-VIDE EGG, BEETROOT  
BABY SPINACH, HOLLANDAISE ESPUMA  
SEED MIX  
A,C,G,M,N,H

### EGG IMPERIAL 18,90

BRIOCHE TOAST, SOUS-VIDE EGG, SOUS-VIDE  
CHICKEN, PICKLED TOMATOES, BABY SPINACH  
HOLLANDAISE ESPUMA, SEED MIX  
A,C,G,M,N,H

+ SIDE SALAD 4,90

### CLASSIC BENEDICTION 19,90

BRIOCHE TOAST, HAM, BABY SPINACH  
SOUS-VIDE EGG, HOLLANDAISE ESPUMA  
SEED MIX  
A,C,G,N,M,H

### ROYAL AFFAIR 20,90

BRIOCHE TOAST, SOUS-VIDE EGG, BEETROOT  
GRAVLAX SALMON, BABY SPINACH  
HOLLANDAISE ESPUMA, SEED MIX  
A,C,D,G,N,M,H

## CLASSICS

### RED SHAKSHUKA 100% VEGETARIAN 18,90

HOMEMADE RED SHAKSHUKA SUGO, 2 ORGANIC  
SOUS-VIDE EGGS, ZA'ATAR  
TOASTED SOURDOUGH BREAD  
A,C

- + BEETROOT GRAVLAX SALMON 5,50
- + SOUS-VIDE CHICKEN 4,90
- + PAN-FRIED SHRIMP 6,90

### GREEN SHAKSHUKA 100% VEGETARIAN 19,90

HOMEMADE GREEN SHAKSHUKA, 2 ORGANIC  
SOUS-VIDE EGGS, SPINACH, AVOCADO  
ZA'ATAR, TOASTED SOURDOUGH BREAD  
A,C

- + BEETROOT GRAVLAX SALMON 5,50
- + SOUS-VIDE CHICKEN 4,90
- + PAN-FRIED SHRIMP 6,90

### POWER OMELETTE 15,90

SCRAMBLED EGGS FROM 3 ORGANIC EGGS  
SOUS-VIDE CHICKEN, AVOCADO, PICKLED TOMATOES  
TOASTED SOURDOUGH BREAD  
A,C,G

## SALT&HONEY

### SWEET&SAVORY BANANA 14,90

2 SLICES OF HOUSE-BAKED BANANA BREAD  
2 ORGANIC FRIED EGGS, PROSCIUTTO  
A,C,G,H

+ EXTRA SLICE OF BANANA BREAD 4,50

### SWEET CRUSH 100% VEGETARIAN 14,90

HOMEMADE PANCAKES, BANANA  
NOUGAT CREAM, FRESH FRUIT  
A,C,G,H

### WAFFLE AFFAIR 100% VEGETARIAN 10,90

HOMEMADE WAFFLE WITH FRESH FRUIT  
VANILLA ICE CREAM AND MAPLE SYRUP  
A,C,G,H

### SWEET MORNING 100% VEGETARIAN 11,90

2 BRIOCHE TOASTS IN AN EGG COATING WITH  
NOUGAT CREAM, MAPLE SYRUP, FRESH BERRIES  
VANILLA ICE CREAM AND POWDERED SUGAR  
A,C,G,H



# Food

## BOWLS

### CAESAR RELOADED 100% VEGETARIAN 15,90

romaine lettuce, cherry tomatoes, parmesan, capers, bread chips, homemade Caesar dressing  
A,C,D,G,M

- + beetroot gravlax salmon 5,50
- + sous-vide chicken 4,90
- + pan-fried shrimp 6,90

### AVOCADO POWER 100% VEGETARIAN BOWL 17,90

mixed salad, rice, avocado, beetroot, edamame, feta, lemon vinaigrette  
F,M

- + beetroot gravlax salmon 5,50
- + sous-vide chicken 4,90
- + pan-fried shrimp 6,90

### ORIENTAL ENERGY VEGAN BOWL 18,90

rice, falafel balls, curry-mango hummus, cucumber, sesame, carrots, homemade lemon vinaigrette  
N,M,F

### ITALIAN SUMMER 100% VEGETARIAN BOWL 19,90

Italian burrata, marinated romaine hearts, red and yellow pickled cherry tomatoes, toasted pine nuts, lemon dressing, toasted sourdough bread  
A,G,H,M

- + beetroot gravlax salmon 5,50
- + sous-vide chicken 4,90
- + pan-fried shrimp 6,90



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## SIGNATURE

### CLASSIC BEEF TARTARE 17,90

finely chopped beef fillet with homemade marinade, toasted sourdough bread  
A,C,M

- + toasted brioche toast 4,50

### THE S&H BURGER DELUXE 26,90

150 g wagyu beef, brioche bun, mixed salad, tomato, onion, cheddar, house-style mustard mayo and skin-on fries  
A,C,G,M

### GRILLED SHRIMP AVOCADO 21,90

avocado, grilled shrimp, kimchi mayonnaise, sesame, soda-honey reduction, toasted sourdough bread  
B,C,N,G,F

## ADD ONS

|                                |      |
|--------------------------------|------|
| 1 ORGANIC FRIED EGG            | 1,70 |
| PORTION ORGANIC SCRAMBLED EGGS | 4,90 |
| PORTION AVOCADO                | 4,50 |
| GRAVLAX SALMON                 | 5,90 |
| SIDE SALAD                     | 4,90 |
| PORTION FRIES                  | 5,50 |
| PORTION SHRIMP                 | 6,90 |
| SOUS-VIDE CHICKEN              | 4,90 |

A CEREALS CONTAINING GLUTEN B CRUSTACEANS C EGGS D FISH E PEANUTS F SOY  
G MILK H TREE NUTS L CELERY M MUSTARD N SESAME O SULPHUR DIOXIDE AND  
SULPHITES P LUPINS R MOLLUSCS

ALL PRICES ARE IN EUROS AND INCLUDE VAT. INFORMATION ABOUT ALLERGENS IS AVAILABLE UPON REQUEST



**SALT & honey**

*Our Organic Egg Quality –  
You Can Taste It.*

For our dishes, we use only fresh organic eggs from our regional partner **Manuel Wittek** from Lerchenau.



#### TRADITION & RESPONSIBILITY

Family business since 1882 – innovative and forward-looking in the fifth generation.



#### ANIMAL WELFARE IN FOCUS

Our hens live in mobile barns and regularly enjoy fresh grass and plenty of free range.



#### NATURAL NUTRITION

100% organic feed and evergreen grass – for healthy, happy hens.



#### REGIONAL & SUSTAINABLE

Regional sourcing within 30 kilometers with just one transport route.



#### FRESH & AUTHENTIC

Our own Salt & Honey barn organic eggs from the mobile barn for a completely new taste experience.

*For you. For the region. For a conscious future.* 